

SONORAN
MEDICAL CENTERS
19875 N 51st Avenue
Glendale, AZ 85308

Dear Patient:

We are very pleased that you have scheduled for a Physical or Wellness Exam. It is important for you to have the recommended preventative testing in order to stay as healthy as possible.

Since the time set aside for this visit is to specifically focus on your wellness, we may be unable to address any other unrelated illnesses or complaints that you may have at this same time. This includes any chronic medical problems we are following, as well as any acute illnesses or injuries you may have. If you feel that you have a non-wellness visit issue that must be addressed, we ask that you schedule a separate appointment on another day to address these problems, so that we can go over these concerns in detail with you. NOTE: If your provider determines that your visit includes services outside of the scope of a Physical and these services are provided during the visit today, an additional office visit charge may be submitted to your insurance along with your physical exam.

In the past, we have tried to address any concerns that a patient had during their wellness exam. This resulted in time delays and frustration for both the patient and provider. This change is in hopes of allowing us to better serve you in a timely manner.

A wellness visit may consist of any of the following depending on your needs and age as determined by your Provider:

- ✓ Female breast exam if not provided by another healthcare provider
- ✓ Female pelvic exam if not performed by another healthcare provider
- ✓ Male prostate exam
- ✓ Age-appropriate cancer screening
- ✓ Review of systems screening for significant disease
- ✓ Order of age-appropriate routine labs, radiology, mammograms, and DEXA bone density testing
- ✓ Referrals for colon screening if needed
- ✓ Immunizations or injections as needed
- ✓ Any paperwork presented at the exam needed to document that you have completed your wellness exam today

Please note that some insurance companies may not cover services recommended by your provider to keep you healthy. Some charges may be your responsibility. There are many different insurance companies and plans within an insurance company. As you may have experienced, it is difficult, if not impossible, to keep track of all of the changes that insurance is experiencing. Please check with your insurance company if you are not sure of your benefits.

We want to ensure that we are providing the best possible care for you in the time that we have allowed. Thank you for your acceptance and understanding of this policy.

Sincerely,

Sonoran Medical Centers